

Using Naloxone during an Opioid Overdose



1 Assess and call 911



- Attempt to wake up the individual by yelling their name or using your knuckle to rub their sternum
- Check the individuals breathing
- Call 911 immediately



Naloxone will only work to reverse an opioid overdose, no other substances

3 Check breathing



- If person isn't breathing, do rescue breaths and/or CPR if trained and comfortable
- Check to see if airway is clear
- Tilt person's head back, pinch nose closed, and open mouth
- Place your mouth over persons to make a seal and give 2 slow breaths
- Follow up with one breath every 5 seconds until person can breathe on their own

2

Administer Naloxone



- Peel back packaging and remove device
- Hold device with thumb on the plunger and 2 fingers on the nozzle
- Place and hold tip of the nozzle in either nostril until you touch bottom of the nose
- Press the plunger firmly to release dose into patients nose ***DO NOT TEST SPRAY***
- Repeat with second dose if no response after 2-3 minutes



4

Stay and Assist



- Stay with the individual and monitor them
- Observe for withdrawal symptoms
- Place the individual on their side in the recovery position
- Naloxone wears off in 30 to 90 minutes
- Explain to the paramedics exactly what happened

